



AT THE GROOMING ROOMS  
beauty treatments for women

## Waxing\*



**Basic Bikini** €22  
Just the sides

**Extended Bikini / Californian** €32  
High leg / thong

**Basic Brazilian** €42  
Between Extended and Brazilian

**Brazilian** €52  
Small strip / triangle remains

**Hollywood** €57  
Totally bare

**Lower Leg / Upper Leg** €27

**3/4 Leg** €32

**Full Leg** €42

**Underarm** €17

**Arms** €27

**Lip** €14

**Eyebrows** €18

**Sides of Face** €17

**Chin** €14

*\*10% discount on any 2 waxes*

*\*15% discount for any 3 waxes or more*

*\*Patch test required*

## Eyebrows & Eyelashes\*

Eyebrow Tint €14

Eyelash Tint €20

Eyebrow and Eyelash Tint €30

Eyebrow Shape €18

Eyebrow Shape and Tint €28

Eyebrow Shape and Eyelash Tint €34

Eyebrow Shape, Eyebrow and Eyelash Tint €42

*\*Patch test required*



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## Facials\*



\*Course of  
4 available  
– 15% discount

### ProSkin 30

*Looking for a high impact treatment?*

Our intensive 30-minute treatment is designed by our experts specifically for you and your most pressing skin concern. This bespoke service combines key steps of professional exfoliation and deep serum treatment and visible results fast. Experience brighter and healthier skin

€50 | 30mins

### ProSkin 60

*Want the best skin you've ever had?*

Our ultimate 60-minute treatment is customised to target all of your skin needs and to leave your skin radiant and glowing. It incorporates professional exfoliating to improve texture and tone, for deep treatment. Experience dramatic results in a secluded and relaxing environment

€90 | 60mins

## Peels\*



\*Course of  
4 available  
– 15% discount

### Pro Power Peel 30

*Looking for a professional peel experience?*

Our all-new Pro Power Peel redefines the peel experience. Our strongest and fastest peel yet, the Pro Power Peel collection features a full suite of peel products, including Alpha Hydroxy Acids (AHAs) and Beta Hydroxy Acids (BHAs). In this express 30-minute treatment, your skin therapist will create a customised peel to instantly rejuvenate and refresh your skin. With a unique system of three different acids for a deep exfoliation personalised to you, it is ideal to target lines and wrinkles, uneven pigmentation or breakouts

€90 | 30mins

### Pro Power Peel 60

*Want to experience a truly transformative treatment?*

This effective and customised 60-minute treatment combines the benefits of our Pro Power Peel 30 treatment with additional advanced techniques and technologies. Peel results are dramatically enhanced by a supplementary deep treatment process incorporating powerful IonActive Serum™, a customized masque and relaxing massage to ensure your skin is left clear, smooth and glowing. You've never had a peel treatment like this before

€150 | 60mins

## Facials\*



\*Course of  
4 available  
– 15% discount

### Yon-Ka Escale Beauté

The beauty break. A well-deserved pause to give your skin its vitamins, restore your energy and help you quickly rediscover a restful look in a dynamic atmosphere rich with the scents of citrus and garrigue

€55 | 30mins

### Yon-Ka Le Grand Classique

Deep pore cleansing, restoring and relaxing facial. For clean skin and a radiant complexion, this treatment includes 5 successive, very gentle cleansing steps

€85 | 60mins

### Yon-Ka Hydralessence Visage

Long-lasting, deep hydrating facial. Moisturised with seaweed and fruit extracts and bathed in a light aromatic steam, your skin becomes supple, soft and beautiful, wrinkles and lines smoothed

€95 | 60mins

### Yon-Ka Alpha-Vital

Using organically sourced AHA-BHA from natural fruits, dead cells are brushed from the skin's surface. Skin becomes noticeably smoother without a hint of sensitivity. For true anti-aging benefits

€95 | 60mins



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**Facials\***



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**Yon-Ka Excellence Code**

€99 | 60mins

An exceptional anti-age high performance treatment which restores the body's energy points. A 'second skin' mask reinitializes the skins youth code through exclusive bio-cellulose technology

**Yon-Ka Essential White**

€90 | 60mins

€60 | 30mins

New innovative treatment designed to promote radiant skin. Discolouration and uneven skin tone are dramatically reduced through the use of glycolic acid and vitamin C  
(Course of 4 recommended - 1 x 60 min treatment plus 3 x 30 min treatments)

**Facials\***



\*Course of  
4 available  
– 15% discount

**Antioxidant Anti-Ageing Facial**

€95 | 60mins

*Replenish what your lifestyle diminishes*

The facial that does it all – even the most experienced 'facial enthusiast' will be impressed! This cleansing and invigorating vitamin-infused treatment will deliver tightening, lightening, brightening and nourishing hydration to leave you feeling fully refreshed and renewed

**O2 Lift Facial**

€95 | 60mins

*A hydration and oxygen combination that promotes divine hydration*

This luxurious treatment infuses oxygen, plant-derived anti-ageing stem cells, peptides and a high concentration of enzymatic botanicals into the skin leaving it luminous, refreshed and rejuvenated. This is an ideal prep programme immediately before any event

**Illuminating Facial**

€95 | 60mins

*Clarity in an instant*

A clinical results-driven facial designed to give beautiful luminosity, radiance and glow. The treatment uses a blend of powerful antioxidant protection, nutrition and enzymes all sandwiched together to provide immediate measurable differences for the discerning client. Ideal as a quick fix pre-event facial or as an incentive to commence the skin health journey  
(Course of 4 recommended – 15% discount)

**The MAX Stem Cell Facial**

€95 | 60mins

*An anti-ageing, redness-diffusing active facial*

A must-have pre-event hybrid facial adored by brides worldwide. This treatment strikes the ideal balance between a gentle peel and a therapeutic facial, and is designed to really target those pesky wrinkles, elasticity concerns and combat generally lethargic and dull skin. All the latest anti-ageing stem cell technology is used to guarantee immediate and long-lasting results, while the client enjoys being pampered in absolute luxury  
(Course of 4 recommended – 15% discount)

## Peels\*



\*Course of  
4 available  
– 15% discount

### Ormedic Lift

*The underdog that promises unmissable results*

Dubbed nutrition in a bottle, this treatment recharges the youthfulness factor within the skin, and increases internal hydration. A papaya, pineapple, pumpkin and mango-infused blend of organic and medically effective ingredients designed to rebalance tired, stressed and dull-looking skin. This non-chemical peel naturally rebalances, regenerates, restores and soothes your skin with organic ingredients. It is literally a green cocktail for sheer skin health. A course is always recommended for optimum results  
(Course of 4 recommended – 15% discount)

€99 | 30mins

### Signature Facelift

*An anti-redness, anti-inflammatory, anti-pigment, collagen-creating, rosacea-suited, all-round award-winning peel*

This revolutionary treatment performed in four layers will change the texture and tone of your skin in just one application. Quench your skin with high doses of the most sophisticated forms of Vitamin C for extreme rejuvenation. Gentle yet highly active enzymes will create a flawless complexion instantly. Dubbed the 'VIP peel', this is our core and bestselling peel as it delivers the results. A course is always recommended for optimum results  
(Course of 4 recommended – 15% discount)

€99 | 30mins

### Lightening Lift

*Bye-bye age spots to reveal a lighter, brighter you*

ATreat medium to severe pigmentation with this ultra-lightening treatment option to balance your complexion through a blend of kojic acid and a cocktail of lightening and brightening agents to reduce sun spots, brown spots and the redness caused by rosacea and acne scarring. The result is silky smooth and supple skin with a noticeable healthy glow. Suited to hand and décolletage areas too. A course is always recommended for optimum results  
(Course of 4 recommended – 15% discount)

€99 | 30mins

### Wrinkle Lift

*Peel away the years with instant results in a bottle*

Whether medium or severe lines and wrinkles are a concern this ultra-resurfacing glycolic and retinol treatment option exfoliates dead surface skin cells and improves circulation, leaving skin firmer and healthier and visibly reducing lines, age spots, open pores and rougher, tougher skin. The treatment will truly channel the most active and results-driven ingredients into the lower layers of the skin with a view to measurable and long-term addictive results. A course is always recommended for optimum results.  
(Course of 4 recommended – 15% discount)

€99 | 30mins

### Acne Lift

*Step Two in the fight against acne*

A beta and alpha-hydroxy acid cocktail giving antibacterial, anti-inflammatory and antiseptic benefits to fragile compromised and reactive skin. This safe and outstanding resurfacing modality has a dual benefit, reducing and treating all kinds of acne while resurfacing and smoothing the skin after just one treatment. Expect a more even, brighter and healthier reflection after just one session. A course is always recommended for optimum results.  
(Course of 4 recommended – 15% discount)

€99 | 30mins



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## Derma Genesis Medical Micro- dermabrasion



Derma Genesis Medical Microdermabrasion uses a highly controlled flow of fine, medical grade crystals to remove the dead, outermost layer of skin. The skin exfoliation process reveals new, living skin cells that are soft, smooth and receptive to nutrients.

### Microdermabrasion

(Course of 3 - €240, Course of 5 - €375)

€95 | 50mins

### MicroPeel

Combine microdermabrasion with a skin peel for optimum results  
(Course of 3 - €300, Course of 5 - €475)

€135 | 60mins

## Massage\*

*\*Course of  
4 available  
- 15% discount*

### Traditional Swedish Massage

An invigorating massage that relaxes the muscles, eases tension, improves circulation and promotes general well-being

€80 | 60mins full body  
€45 | 30mins back

### Deep Tissue Massage

A massage that uses deep tissue techniques to target knots, aches and pains associated with over strain and tiredness

€90 | 60mins full body  
€50 | 30mins back

### Indian Head Massage

A rejuvenating massage on the head, face, neck and shoulders, ideal for relief of muscle tension and stress

€60 | 45mins

### Hot Stone Massage

A massage that combines the therapeutic benefits of aromatic oils with the relaxing rebalancing effects of warm, smooth basalt stones

€105 | 75mins full body  
€70 | 40mins back

### Aromatherapy Massage

Aromatherapy massage uses essential oils derived from plants to achieve therapeutic benefits, the massage is customised according to your individual needs, choose from relax, detox or energise

€90 | 60mins full body  
€50 | 30mins back



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**Manicures\***



**File & Polish**

€20 | 20mins

**O.P.I. Mini Manicure**

€30 | 35mins

Hands are soaked, nails and cuticles are cleaned and shaped followed by hand moisturising and polish

**Deluxe O.P.I. Manicure**

€50 | 60mins

In this luxurious treatment hands are soaked and exfoliated with a blend of natural sugar crystals and botanical and citrus extract which leaves the hands silky smooth and soft. Nails and cuticles are cleaned and shaped followed by an application of a heated hydrating mask with shea butter, hand massage, moisturising and polish



**Cuccio Pomegranate and Fig Spa Manicure**

€45 | 45mins

Cuccio Naturale Spa Service takes you beyond the basics of the express by combining the health benefits of pomegranate and fig skin renewal exfoliation and fruit enzyme anti-oxidant treatments combine with your manicure to create the most relaxing manicure experience

**Cuccio Milk and Honey Paradiso Manicure**

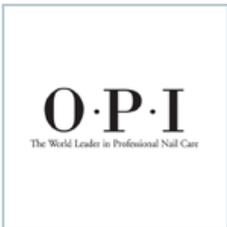
€55 | 60mins

Elevate our fabulous Spa Manicure to the next level. A series of scented milk and honey spa treatments featuring soothing soaks, exfoliating organic sea salts, refreshing spa elixirs, regenerating deep dermal skin cell vitamin enriched wraps, extended massage and hydrating body butter combines to create the ultimate manicure

*\*Add €5 / 5mins for French Polish*

*\*Add €15 / 20mins for Shellac paint*

**Pedicures\***



**File & Polish**

€20 | 20mins

**O.P.I. Pedicure**

€40 | 45mins

Feet are soaked in a purifying foot bath, nails and cuticles are cleaned and shaped followed by foot moisturising and polish

**Deluxe O.P.I. Pedicure**

€55 | 60mins

Feet are soaked in a purifying foot bath and exfoliated with a blend of sugar crystals and botanical and citrus extract which reduce calluses and banish dry, rough skin. This results in ultra hydrated skin and restoring feet to silky smoothness. Nails and cuticles are cleaned and shaped followed by an application of a heated hydrating mask with shea butter, foot massage, moisturising and polish



**Cuccio Pomegranate and Fig Spa Pedicure**

€50 | 50mins

Cuccio Naturale Spa Service takes you beyond the basics of the express by combining the health benefits of Pomegranate and Fig skin renewal exfoliation and fruit enzyme anti-oxidant treatments combine with your pedicure to create the most relaxing pedicure experience

**Cuccio Milk and Honey Paradiso Pedicure**

€65 | 75mins

Elevate our fabulous Spa Pedicure to the next level. A series of scented milk and honey spa treatments featuring soothing soaks, exfoliation organic sea salts, refreshing spa elixirs, regenerating deep dermal skin cell vitamin enriched wraps, extended massage and hydrating body butter combines to create the ultimate pedicure

*\*Add €5 / 5mins for French Polish*

*\*Add €15 / 20mins for Shellac paint*



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### CND Shellac\*



2 Week Manicure	€35   40mins
2 Week Pedicure	€35   40mins
Reshellac (removed & reapplied)	€35   45mins
Shellac off with Nail Treatment	€15   20mins
Shellac off	€10   10mins

*\*French polish €5 extra*

### Packages

1. File/Polish on Hands and Feet	€35   45mins
2. Swedish Back Massage and Dermalogica ProSkin30 Facial	€85   60mins
3. O.P.I Manicure, O.P.I. Pedicure & Dermalogica ProSkin30 Facial	€105   1hr 45mins
4. Indian Head Massage, Dermalogica ProSkin30 Facial & File/ Polish on Hands and Feet	€130   2hrs
5. Dermalogica ProSkin60 Facial & Swedish Full Body Massage	€140   2hrs
6. Dermalogica ProSkin60 Facial and Hot Stone Full Body Massage	€175   2hrs 15mins
7. Dermalogica ProSkin60 Facial, O.P.I. Deluxe Manicure & Pedicure	€165   3hrs
8. Hot Stone Massage, Dermalogica ProSkin60 Facial, Cuccio Pomegranate and Fig Spa Manicure & Pedicure	€255   4hrs

### Gift Certificates

Gift Certificates can be purchased in-store and online for any service, package, product or monetary amount.

Gift Certificates are non-refundable.

Gift Certificates are valid for 5 years from date of purchase.